



ITCA Midland Traveller Series 2019

Swarkestone Sailing Club

18th May 2019

Sailing Instructions

1 Rules

- 1.1 The racing will be governed by the Racing Rules of Sailing 2017-2020, the rules of the International Topper Class Association (ITCA), Notice of Race and Sailing Instructions.
- 1.2 Racing Rule 40 will be changed as follows:
Adequate personal buoyancy must be worn by all competitors when afloat. Flag Y will not be displayed. dry suits and wetsuits will not be regarded as adequate buoyancy.

2 Notices to Competitors

- 2.1 Notices to competitors will be posted on the racing official notice board located in the clubhouse.

3 Changes to Sailing Instructions

- 3.1 Any change to the sailing instructions will be posted at least 30 minutes before the start of the first race.

4 Signals Made Ashore

- 4.1 Signals made ashore will be displayed at the Race Box.
- 4.2 When flag AP has been displayed ashore and is removed, the Race Officer will give adequate time, up to a maximum of 15 minutes for boats that are ashore to make ready to sail, before displaying the warning signal.

5 Schedule of Races

- 5.1 Date of racing: Saturday 18th May 2019.
- 5.2 Four races are scheduled during the day; two in the morning (back to back) and two in the afternoon (back to back).
- 5.3 The warning signal for the first race will not be before 10:55 am
- 5.4 The timing of subsequent races will be at the discretion of the Race Officer, according to conditions on the day. Further details will be communicated to competitors during the briefing at 10:15am.
- 5.5 After a postponement, to alert sailors that a race will begin soon, a series of sounds signals will be made at least two minutes before the warning signal is displayed.

6 Class Flags

- 6.1 The class flag will be a red flag.

7 Racing Area

- 7.1 The racing area is Swarkestone Lake.
- 7.2 Shallow water is indicated by white buoys.
- 7.3 Consideration should be given to fishermen on the shore.

8 Courses

- 8.1 The course and number of laps will be displayed outside the Race Box. The rounding direction of marks is indicated by the background colour of the mark number.
- 8.2 The race may be started from the race box or from a committee boat.

9 Marks

- 9.1 Marks of the course will be red club buoys numbered 1 to 12. Additional marks X, Y and W may be used if appropriate.
- 9.2 Flag buoys may be used to mark the start line and the finish line.

10 Areas that are Obstructions

- 9.1 The shallow areas that are identifiable by stakes or by white marked buoys are designated as obstructions.

11 The Start

- 11.1 Races will be started using Rule 26 (5-4-1-Go).
- 11.2 The start will either be:
 - 11.2.1 Between two flag buoys, with flags and signals from the Race Box; or
 - 11.2.2 Between the mast of the committee boat and a flag buoy, with flags and signals from the committee boat.

12 The Finish

- 12.1 The finish will be either:
 - 12.1.1 Between two flag buoys; or
 - 12.1.2 Between the mast of the committee boat and a mark of the course; or
 - 12.1.3 A transit line from the Race Box.

13 Time Limits

- 13.1 There will be no race time limit. The target time for the first boat will be 45 minutes.
- 13.2 Boats failing to finish within 20 minutes of the first boat will be scored DNF. This changes rule 35, A4 and A5.
- 13.3 Tail-end boats may be informed on the water, towards the end of the race, that they need not complete the lap, but may return to the starting area ready for the next race. Appropriate finishing positions will be recorded.

14 Protests and Request for Redress

- 14.1 Protest forms are available from the Race Box.
- 14.2 Boats intending to lodge a protest shall inform the committee boat or safety boat immediately upon finishing the race or if coming ashore inform the Race Officer within 10 minutes of coming ashore.
- 14.3 Completed protest forms shall be lodged with the Race Officer within 30 minutes of the last boat coming ashore, at the end of the day. This is the Protest Time Limit.
- 14.2 Notices will be posted within 30 minutes of the protest time limit to inform competitors of where and when there is a hearing in which they are parties or named as witnesses.

15 Scoring

- 15.1 The low point scoring system of Appendix A will apply.
- 15.2 Two races are required to constitute a series.
- 15.3 When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.
- 15.4 When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worse score.
- 15.5 All competitors will be scored as a single fleet whether they are using a 5.3m² sail or a 4.2m² sail.

16 Radio Communication

16.1A boat shall neither make radio transmissions while racing nor receive radio communications. This restriction includes mobile telephones.

17 Prizes

17.1 Prizes will be awarded for a least 1st, 2nd and 3rd overall.

17.2 Other age, gender and discretionary prizes maybe given, depending on the entry and at the discretion of the organisers.

18 Risk Statement

18.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in any of the events covered by this notice of race, each competitor agrees and acknowledges that:

- a. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d. Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e. The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
- f. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

18.2 Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organising authority will not accept any liability for material damage personal injury or death sustained in conjunction with or prior to, during or after the event.

19 Insurance

19.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident.